



Albert Park Primary School

Bridport Street Albert Park Vic 3206
www.albertparkps.vic.edu.au
Telephone (03) 9699 9090



15 September 2023

The Albert Park Way



School Vision Statement:

We are a unique village community, becoming life-long learners with high expectations.

Important dates:

Monday 2 October

First day Term 4

Mon 2 – Fri 6 October

Gr 6 Canberra Camp

Friday 20 October

Whole School Photo

Friday 27 October

APPS 150th Celebrations

Mon 30 Oct – Fri 3 Nov

Prep, Gr1 & Gr2 Swimming

Monday 6 November

Curriculum Day – Student free day

Tuesday 7 November

Cup Day – Public Holiday

Please note: Dates may be subject to change

Principal's Report

Dear parents and carers

What an exciting term! The students have enjoyed sharing their learning with you at student led conferences. They were so excited and proud to share their learning. We are very proud of the hard work they have put in this term. A big thank you to our lovely teachers for all their hard work and dedication in not only providing quality teaching and learning but also supporting with great care and organising many engaging and fun events this term.

A huge congratulations to our Grade 6 for the excellent production. We were so very proud of how they threw themselves into the production with great enthusiasm and joy. It was fantastic to see such enthusiasm from our young people and to be part of their showcasing their talent and efforts as they pulled together to produce a brilliant show. We all loved it! This year's cohort of G6 leaders are self-starters, motivated and enthusiastic to do all they can for the school. They are exemplary leaders in showing the Albert Park Way.

The school community has coped very well with the building works for the toilet refurbishment in the back playground. We are 'busting' to see and use our newly refurbished toilets! They are due to finish towards the end of October. Just in time for the multi-purpose court to be resurfaced at the beginning of November with all going well. This will mean two weeks without using the court area while the resurfacing takes place and then a few weeks for it to settle before line marking can occur.

Congratulations to our athletes that competed in the District Athletics competition on Wednesday. They did fantastically well and we are very proud of them! Thank you to all our parent helpers on the day. There will be a more detailed report to follow. Thank you also to our parent helpers for the Gr3 and 4 basketball gala day, we could not do these events without you.

Be Kind and Fair

Act Safely

One Voice at a Time

Respect Everyone's Rights

Keep Trying

23 of our grade 5 and 6 students attended the Somers Camp last week and this week. They had an amazing time and we were told they were brilliant and lovely! This is a Department of Education run camp that is offered to grade 5 and 6 students every two years. A wonderful opportunity for our students.

We are very fortunate to have such a wonderful School Council. They have done some amazing work through fundraising events such as the Parent Gala and Father's Day, re-doing Paradise on weekends and helping us move big facility projects ahead such as the multi-purpose courts and the shade sail that hopefully will be installed. Alongside school council members, they have tapped into our knowledgeable and extremely helpful volunteers that have offered expertise and support. Thank you to you all! Please make sure you read the newsletter for more details.

Lastly, what a wonderful supportive community of parents and families we have. We feel incredibly grateful for your support, encouragement and collaboration. Have a fantastic break! Bring on Spring/Summer. We look forward to seeing everyone in Term 4 and in particular on Friday, 27th October for our 150th APPS Anniversary.

Kind regards

Katrina



Information for Parents

Term Dates for 2023

Term 3: 10 Jul – 15 Sep

Term 4: 2 Oct – 20 Dec

Please note: School finishes at 2.30pm on the last day of terms 1, 2 and 3 and at 1.30pm in Term 4

Curriculum/PPD Days for 2023

Monday, 6 November

Please note: Dates may be subject to change

Working With Children Check (WWCC)

If you would like to help in the classroom, on sports days and excursions etc, you must have a current Working With Children Check lodged at the office.

To apply for your WWCC, go to:
<https://www.workingwithchildren.vic.gov.au/>

NOT RETURNING IN 2024?

Planning for 2024 classes is now underway.

We need to know if your child or children will **NOT** be returning to Albert Park Primary next year.

Please let Katrina and Liz know via email:

albert.park.ps@edumail.vic.gov.au

Thank you.

2023 School Leaders Report

~Production~

Recently the Year 6 cohort participated in the amazing production of 'The Umpire Strikes Back.' During the entirety of the making all students tried their absolute best to make the show an enjoyable and collaborative experience. Persevering was just one of the astounding traits displayed in the construction of the play, pushing through the boundaries of backdrop construction and prop making. All the students had an incredible time, we enjoyed our victory by having a wonderful after party at the Middle Park bowls club.

The play would not have been possible without our main roles that exhibited incredible acting and singing skills, but all this could not have been done without our drama and acting incursion led by Jemma, an experienced actor and professional in drama.

Although lacking a music teacher we worked around that issue by learning and practising the dances as a cohort which was a massive motivator, we then had Emma come in and help us perfect and further improve our production, which was a definite life saver.

Kind Regards

Archie R and Will L



Prep Enrolments for 2024



If you have a child due to start in prep next year, now is the time to get your enrolment form into the office.

Enrolment forms are available via our website [Albertparkps.vic.edu.au](https://albertparkps.vic.edu.au) - [Prep Enrolment](#) or you can pick one up from the office.

There is also some fabulous information from the Vic Department of Education about [Enrolling in Prep](#) and [Starting School](#).

If you know of any families not already at the school with a child due to start in prep next year, please ask them to contact the school.

VIB BBQ Breakfast

Spring Showers & Sizzling Sausages: Celebrating VIB (Very Important Blokes) Day at APPS!

Despite the morning rain heralding the start of Spring last Friday, our APPS community turned out in droves showcasing unwavering commitment to celebrating the Very Important Blokes in our children's lives. From our youngest school community members, pram bound clutching their breakfast, to budding snag aficionados, and up to the nostalgic smiles of Grade 6 parents — all freshly warmed by the magic of the Year 6 performance the night before; the feeling permeating the air was undeniably special - a rich mix of community spirit, laughter, celebration, and joy.

Standing amidst the buzzing crowd, the warm aroma of grilled sausages swirling with the scent of the morning dew, it was hard not to be overwhelmed with a profound sense of gratitude. Witnessing families, local businesses, staff and students come together to share the first meal of the day was a sight that truly embodied the essence of community.

Leading the BBQ brigade with unmatched enthusiasm were our smile-bringing sausage sizzlers: Warwick, Soula & the team from Jellis Craig (our very generous sponsors!), complemented perfectly by our own parent-volunteer powerhouses, Felicity and Nick in charge. Their zeal was only matched by the incredible turnout and generous contributions from other volunteers and local businesses.

The anticipation leading up to the raffle draw was palpable and excitement rippled through the crowd as Katrina announced our ecstatic winners beaming with delight. A hearty congratulations to all our lucky participants!

In wrapping up, it's only fitting to extend a massive thank you. To every volunteer, business, teacher, student, and family - thank you for making our VIB Breakfast a morning to remember. We hope that every Very Important Bloke felt the love and warmth on Sunday and cherished their well-deserved special day.

Here's to community, connection, and the countless memories we create together at Albert Park Primary School.

Thank you,

The Fundraising Team

THANK YOU TO THOSE WHO JOINED US FOR OUR VIB BBQ BREAKY!



Raffle prizes donated by:



Breakfast supplied by:



The Sustainability Schools Festival

On Thursday the 7th September, the sustainability leaders, committee and two lucky grade 5s attended the Sustainability Schools Festival. It was hosted by the Port Phillip Eco Centre at the St. Kilda Town Hall.

We presented our nesting box idea and let all of the children there paint a small picture of an endangered animal.

Our group learnt about composting, local plants & trees, renewable energy and more!

We also got to help make some attachments for nesting boxes to help protect the critically endangered Swift Parrot in Tasmania.

The experience was a lot of fun and I would definitely go there again!

Written by Etta Richardson,
Sustainability Leader.



Seeds of Change: The Paradise Garden Makeover Begins!

While the weather might have been a tad dreary, the spirit of our gardeners was anything but! Lindsay, Pete, Jon, Mark, Amy, Seda, Matt, Michael, Andrea, Georgie, James, Charlotte, Errol, Luna and Katrina revamped the heart of our Paradise Garden. The afternoon saw them meticulously remove and relay the stepping logs. And considering this spot is our school's last piece of natural terrain, they came up with a brilliant idea: to layer it with crushed gravel and topping. Not only will this keep those pesky weeds at bay, but it also offers an improved, usable space.

But this is just the beginning! Our vision is a vibrant and welcoming garden, filled with low-maintenance native plants and sustainable produce. We're also dreaming up a calm breakout space for our students during recess and adding features like bird feeders and bug hotels to welcome more wildlife.

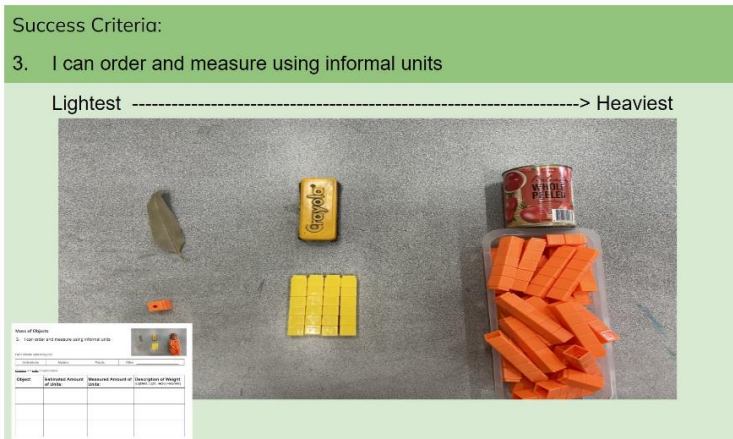
We are so excited to sow these seeds of change. And trust us, when Paradise Garden is in full bloom, it's going to be un-bee-lievably amazing! We can't wait to show you the fruits (and flowers) of our labour.

Till then, let's keep growing together! 🌻 🌱
The Sustainability Subcommittee



Primary Maths

We have had a fantastic term of Maths this term! This week, teachers reflected on some of the great learning: Grades 5 and 6 students created think boards showing their continuous growth of skills and knowledge in measurement; Grades 3 and 4 explored converting different measurements of length and have stretched themselves exploring a variety of multiplication challenges; Grades 1 and 2 explored Mass through a range of concrete activities; Prep students have explored subitising in a variety of ways!



Grade 1 and 2 Exploring Mass



Prep Subitising

What is subitising?

Subitising is a fundamental concept in early mathematics and refers to the ability to recognise and instantly perceive the number of objects in a small group without the need for counting them one by one. It's the ability to glance at a set of objects, such as dots on dice or a small group of items, and immediately know how many there are, typically up to around five or six objects.

You can encourage and develop your child's subitising skills through activities such as using dice, playing card games that involve recognising quantities, or arranging small objects in different patterns and asking their child to quickly say how many there are. By practicing subitising, children can develop a strong foundation for their mathematical abilities and improve their number sense.



Discuss with your child, what you can see.

How many cakes?

How much fruit? Blueberries, strawberries?

How many more with strawberries than blueberries?

How many cakes with raspberries? What is it as fraction?

What else could you say?

Book Week

The 21st to 25th of August marked Book Week at Albert Park Primary School and it was a great celebration of all things books and Literacy. We were lucky enough to have Lucas Proudfoot, who is a talented storyteller, entertain Prep-2 and then 3-6 in the hall. Lucas Proudfoot had students in fits of laughter as he retailed many stories using singing and guitar, the didgeridoo and his stomp box to entertain us all. What fun it was!

Here are some thoughts from 3BS:

Ana: I thought Lucas Proudfoot was really funny and I loved all of his jokes and his creativity. I thought it was quite interesting listening to all his stories for his characters.

Fred: I liked the Lucas Proudfoots incursion because he had really funny characters and told funny stories. It was fun listening to his instruments, the stompbox, guitar, didgeridoo and 'didjeribone'. Any other school that has been visited by him is very lucky!!!

Lottie: I liked Luckes Proudfoot because I think he made everyone laugh and have a lot of fun. Ireally liked his stories and jokes. He showed us the guitar, stompbox, digitado and the diggity bone.

Friday was lots of fun as students and staff dressed up as their favourite book character and parents and carers were invited into the classrooms to read books with the class. It was lovely to see students expressing themselves in costume and to be able to hear classic stories from adults they know.



Parent Battle of The Bands 25th May 2023 – Phat Albert

What an event!

PBOB was founded in 2018 by a couple of parent music enthusiasts, wanting to give something back to the School Community in their own creative way. Since then, the battle has seen many schools in the surrounding area join with Albert Park Primary School debuting this year as Phat Albert.

Phat Albert was founded by Azra Horell 6 weeks out of competition night, bringing like minded parents together to represent Albert Park PS.

Bravely facing the crowd for the first time and being the first act out, in front of a crowd of roughly 700 patriants at the Prince of Wales Ballroom St Kilda, they had the room jamming! What a night! Full of energy and excitement – Phat Albert did a tremendous job.

Not only where they able to come together and bring to life a new found passion, they also manged to bring back a cheque to the school – raising \$1105 from ticket sales! To say I'm so pround is an understatement, these guys were AMAZING!!! Huge thank you to everyone who came along to support on the night.



Phat Albert : Grant Durham – Lead Singer (Taye Grade 6) Marty Horell – Bass Guitarist (Addison Grade 5), David O'Mahoney – Guitarist / Vocals (Thia Grade 1), Duncan Taylor – Guitarist (Erin Grade 4), William Bennett – Trumpet / Flute (Alfie Grade 1), Marianthe – Keyboard / Backup vocalist (Sebastian Grade 4)

Check out the performance in the link below:

<https://m.youtube.com/watch?v=x2HlcFY12fy&feature=youtu.be>

What next? With many upcoming events, we are keen to continue with the band and looking for new members. If you are musically inclined and keen to join, **WE WANT YOU!!!**

Email appfundraisingevents@gmail.com to connect!

2023 Curriculum Contributions and Voluntary Contributions

Thank you to families who have paid the 2023 Curriculum Contributions and Voluntary Contributions and for the many tax-deductible donations into our building, library, and school assistance funds.

For those that have not yet paid, this is a reminder that it there is still time to do so.

You can make your contribution online via: [Compass](#)

If you have any questions please contact Aris Lechte, Business Manager on 03 9699 9090 or via email albert.park.ps@education.vic.gov.au

Thank you

APPS Luna Park Family and Friends Day

Save the date: **Saturday 21 Oct 9-11am**

We have sold over 200 tickets, but we still need to sell another 50 tickets to ensure this event can go ahead (we need to cover the hire charges!)

For anyone who missed previous years, this fabulous event gives us exclusive access to Luna Park for 2 hours (no queues, no crowds, only familiar faces!). Kids run wild, parents chat, coffee is flowing.... It's a great opportunity to come together and celebrate our fantastic community!

Luna Park will curate a great mix of rides to suit primary school aged children and older (parents/aunties/grandpas - you can release your inner-child and get thrill-seeking!). Remember to request your favourite rides at the trybooking checkout! Based on last year's feedback, we will request that the carousel is running for the younger kids!

Ticket sales MUST CLOSE on Thurs 28 September (in school holidays) to give Luna Park adequate time to organise staffing and logistics. PLEASE book early to avoid disappointment! Even if you phone us crying / send your children to us begging / turn up on the day sobbing, we simply cannot sell tickets after 28 September, as much as we hate to turn people away!

So what are you waiting for? Book now before the holidays are upon us and we all forget!!

Book via this link: [APPS FAMILY & FRIENDS DAY 2023](#)



APPS Family & Friends Event @

Sat 21st Oct
9am to 11am

JOIN IN THE FUN!

Major Sponsors:

Jellis Craig

LUNA PARK

Albert Park Primary School

The poster features a vibrant, abstract background with wavy shapes in yellow, orange, pink, and green. In the center is a stylized illustration of the Luna Park entrance, which is a red and blue structure with a large circular sign that says 'LUNA PARK' in green. To the left of the entrance, the date and time are written in pink and white. To the right, the text 'JOIN IN THE FUN!' is written in yellow and green. At the bottom left, the 'Jellis Craig' logo is displayed in white on a black background. At the bottom right, the 'Albert Park Primary School' logo is shown, featuring a seahorse and the school's name in green and black.



APPS FUNDRAISING NEWS

SEPTEMBER 2023

150 YEARS CELEBRATION

23-27 OCTOBER 2023

Please note this important week in your diaries, The school students and staff have planned a number of exciting ways to celebrate this important milestone.

To commemorate our 150th anniversary, we are creating a celebratory mural for the school hall! To be featured in our mural please donate [here](#)

THANK YOU FOR YOUR GENEROSITY

Funds **raised by you** already this year have gone towards the purchase of 60 iPads and a new external PA system for school assemblies and fete.

We're always on the lookout for more volunteers to help with fundraising. To get involved please email appsfundraisingevents@gmail.com

TARGET FOR 2023

\$100,000

Find APPS events news on



2023 PRIORITY PROJECT

- Upgrade our School Fence

FUNDRAISING TRACKER

80%

EVENTS PROGRAM

Fete - 25 March - **raised \$34,634**
Mother's Day Stall - **raised \$2,092**
Mother's Day Celebration - **raised 4,291**
Battle of the Bands - **raised \$1105**
Parent Gala - **raised \$23,180**

Father's Day Stall - **raised \$2,767**
Father's Day Event - **raised \$2155**
Cards that Count - closed 1 September
Luna Park - 21 October
Seahorse Mural - 27 October
Santa-thon (lap-a-thon) - 7 December



JellisCraig

PROUD SPONSORS OF ALBERT PARK PRIMARY

House of the Week

32 Glover Street

South Melbourne

Auction Saturday 7 October @ 10:30am



Designer Masterpiece with City Views

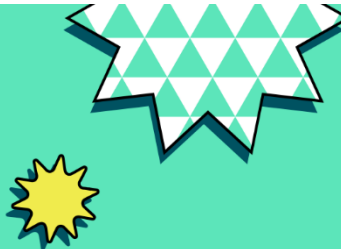
Beyond a picturesque Victorian façade, the contemporary transformation of this light-catching three-bedroom, two-bathroom residence delivers an unsurpassed lifestyle of ease, tranquillity and entertaining excellence. Crafted over two exceptional levels, the reimagined footprint makes the most of space and light, capturing northern light through a towering void over the central staircase, Velux skylights and panoramic city views from the top floor.

Wide oak floorboards, intricate period details and high ceilings are cleverly intertwined with modern luxury appointments, including an entertainer's kitchen with Calacatta marble benchtops, soft-close cabinetry, and integrated Miele appliances. An alfresco terrace links the intimacy of the open-plan living/dining area to the tranquillity of the outdoors, allowing seasonal enjoyment with a built-in BBQ. A gas fireplace adds to the ambience indoors, emphasising a relaxed aesthetic with its stacked limestone feature wall.

Neutral tones and luxe finishes continue through the three bedrooms and two bathrooms, including the ground floor main with its spa-quality ensuite (underfloor heating), open fireplace and walk-in custom robe. Upstairs, two additional bedrooms sit on either side of the designer family bathroom, where a freestanding bath sets the tone for indulgence within the wet room. Nestled in a quiet, tree-lined street a short walk from excellent schools, Albert Park Village and the beach, this unassuming family haven is the ultimate modern escape, comprehensively appointed with hydronic heating, split system heating/AC, European laundry, keyless entry, a substantial powder room, double glazing and attic storage.

[32 Glover Street, South Melbourne – Jellis Craig](#)

Outside School Hours Care Newsletter



4/9/2023

Albert Park Primary School

Your
OSHC.



A message from your Coordinator

Hello everyone!

We're upgrading our food options! Discover a whole new world of flavours and nourishment for your child's growing mind and body.

Below is our new and popular recipe for Zucchini corn Fritters for you to try at home with your family and friends. This is our final newsletter for term three. We look forward to seeing everyone in term 4! Alice and the Your OSHC team ☺

ZUCCHINI CORN FRITTERS

Makes 12

Gluten free, dairy free option, nut free.

Prep time 15 minutes

Cook time 15mins.

Ingredients

4 medium zucchinis, ends removed and grated. Wash first to remove any pesticides.

¾ cup chopped spring onions

1 ½ cup corn

4 garlic cloves chopped.

1 ¼ cup chickpea flour or gluten free flour

1 ½ teaspoon salt

Extra virgin olive oil for frying

Method

- Place grated zucchini in the middle of a paper towel and squeeze out excess water.
- Place all ingredients into a large bowl and mix very well.
- Heat oil on medium-high heat on large fry pan-ensure base of pan well covered.
- Measure approx. ¼ cup of mixture per fritter onto the fry pan
- Cook for 4-5 minutes on each side.
- Remove from pan when cooked and place onto plate lined with paper towel to absorb the oil.

Serving suggestions

You can serve as they are as they are quite rich in flavour.

Serve with sweet chilli sauce or tzatziki dip and or avocado.

Storage

Recommend make and serve on the same day.

Zucchini nutritional benefits

- Good fibre to contribute to healthy digestion.
- It is ample in vitamin A content and may support your vision and immune system.

Activities coming up

- Menu Enhancement:
Make your own burrito bowl.
- Soccer Tournament
- R U OK day paper plate faces.

Make a

Join in the fun of Outside
School Hours Care
activities and
experiences with Your

Book now

Register free and book in 24/7 via our app

To attend our program, you must register your child. You can register an account with us at pp.campaustralia.com.au or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.



Find out more and book now at www.campaustralia.com.au



School holiday camps on sale now!



NEW

Minecraft Engineers

PLUS YouTube Creators • Coding • DJ • Roblox
Animation • Design • Minions • Jurassic World



18 - 20 September
9:00 AM - 4:00 PM



Albert Park Primary
School

www.codecamp.com.au/albertpark

SAVE \$25

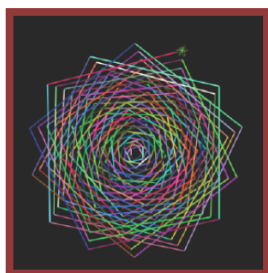
Use coupon code
EARLY25 at checkout

In a world where technology touches every aspect of our lives, it is crucial that our children understand how it works. To accomplish this objective, there is an exciting coding club running at the school.



DEVELOP SKILLS

- Creativity
- Logical thinking
- Problem solving

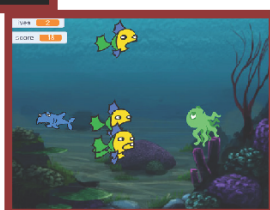


LEARN

- Computer Science Concepts
- Fundamentals of programming
Loops, Events, Randomness and more

PROGRAMMING LANGUAGES

- Scratch
- Python
- Javascript
- .. and many more



MAKE

- Games
- Web pages
- Apps

Digimaker structured program runs each term and is charged on a per-term basis. Students will use school computer during the lesson.

9 WEEK TERM PROGRAM

Program for **Term 4 2023** is as follows:

Year levels: 3 to 6

Term Fee: \$210 excl GST

AFTER SCHOOL

3:40pm – 4:40pm

BATCH

Mondays 9th Oct to 11th Dec 2023 (No lesson on 6th Nov)

Fill out the form online by
Thursday 14th Sep 2023



www.digimaker.com.au/enrol

Digimaker will confirm your child's spot via email**

** All important emails from Digimaker will be sent from info@digimaker.com.au. Please ensure this address is whitelisted in your Junk Email filters or added as a Trusted contact.

HOLIDAY E-LEARNING PROGRAM

**2 HOURS OF FUN FILLED CODING
FULLY SUPERVISED OVER ZOOM
(5 DAYS A WEEK!)**

<https://www.digimaker.com.au/events/school-holiday-coding-program/>



Family
Fun &
Fitness



JOIN SOUTH MELBOURNE LITTLE ATHLETICS

Sundays 8:15am - 11:15am
Lakeside Stadium, Albert Park
Season October to March

AGES
5 - 17

ALL ABILITIES
WELCOME



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@sthmelblittleaths



enquiries@smdlac.org.au

- ✓ community fun and fitness
- ✓ make new friends
- ✓ personal best focus
- ✓ learn track and field skills
- ✓ world class home stadium

COME AND TRY FOR FREE! REGISTER AT WWW.LAVIC.COM.AU



Reminder Summer 2023/24 Team Registrations Open

Teams can now register to join the upcoming Junior Domestic Basketball Summer Season!

Games will be played on Saturday afternoons between 1:30pm and 6:00pm at MSAC

Saturday Juniors Registrations [Click Here](#) - cut off 24/09/2023



Albert Park Lakers

Calling all young hoopers and basketball enthusiasts

We have exciting news on a sporting front locally for kids and families!

Melbourne Central Basketball Association & Competitions Manager, Thomas Hoggard are thrilled to announce the official launch of a brand-new junior basketball team, the Albert Park Lakers!

Teams will train and play out of MSAC in the MCBA Junior Domestic Competition commencing the first week of October.

Player and team registrations [now open!](#) – cut off 17/09/2023

Social Skills Holiday Group Program



Run by Psychologist and Speech Pathologist

Fiona O'Connor and Atara Lebransky



TOPICS COVERED

- Conversation Skills
- Resilience and Managing Feelings
- Forming and Maintaining Friendships
- Problem Solving and Reasoning
- Handling Teasing and Bullying
- Perspective Taking

DATES: Tues 19th & Thurs 21st of September

TIMES: Group 1: Ages 5-7 years, 9am-12pm
Group 2: Ages 9-12 years, 12pm-3pm

WHERE: Gasworks Arts Park, Albert Park , 3206

REGISTER: socialskillscentre@gmail.com



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ALBERT PARK & LOCAL AREA



no experience required



no experience required

SEPTEMBER Singing Dancing Program

◆ Sept 19 - 21
◆ Tues - Thurs
◆ 9:30am-3:30pm

DRAMA
GAMES &
ADVENTURES
MOVIES
SINGING & VOCAL LESSONS
ARTS & CRAFTS
MOVEMENT, DANCE
& PHYSICAL
THEATRE

bring your friends

◆ ages 6 - 10
◆ single day \$99
◆ 3 day program \$279
◆ hello@xlr8arts.com to book

Christopher Horsey's
xlr8_arts
dance studio

100 Montague St, South Melbourne (Cnr Buckhurst and Montague St)
opp The Golden Fleece Hotel



Learn to Sail in St Kilda School Holiday Program

No sailing experience or gear required!

Half Day Program (Ages 7-12)

Intro to sailing, then further developing boat handling skills and building up to sailing longer distances. Participants sail in pairs on their boats. Building on skills learnt in the beginning, they learn to sail more complex courses and sail solo.

- 5 Days
- 9am to 1pm
- 18th to 22nd September or 25th to 29th September
- Course fee: \$350



Half Day Program (Ages 8-17)

The program is based around fun activities; teens will walk away with invaluable sailing and boating skills. OutThere is an Australian Sailing accredited course designed to keep teens curious about on-water sports and activities and give them a taste for club-based networking.

- 5 Days
- 1pm to 4pm
- 18th to 22nd September or 25th to 29th September
- Course fee: \$370



Full day program (Ages 8-17)

Interested in a full day's training for the kids?
Try our Combo School Holiday Program

- 5 full days
- 9am to 1pm
- 18th to 22nd September or 25th to 29th September
- Course fee: \$500




Kinesiology for Women & Children

Kinesiology can help your children develop tools to manage their emotions and connect in with their body.

Albert Park Primary School

Book yourself and your child in for a session prior to 30th September to receive **\$50 off** each initial consult

Scan the QR code to find out more or to book a free discovery call


calm state

KINESIOLOGY

@The Holistic Hub
278 Richardson Street, Middle Park
Charlotte Terray 0433850462
www.calmstatekinesiology.com.au





ELSTERNWICK PARK
TENNIS CENTRE

HOLIDAY CAMPS AT EPTC

TENNIS CAMPS FOR ALL LEVELS!
HALF DAY & FULL DAY OPTIONS AVAILABLE
FOR CHILDREN AGED 4-15 YEARS OLD

BOOK NOW AT EPTC.COM.AU

HOCKEY SCHOOL HOLIDAY PROGRAM

More info



18th & 19th of SEPTEMBER from 9AM - 5PM

OR VISIT WWW.POWERHOUSE.HOCKEY



2 DAYS FILLED WITH FUN HOCKEY AND
OTHER SPORTS ACTIVITIES!

THE PROGRAM IN A NUTSHELL

- Experienced trainers
- Groups split based on their experience ranging from 5-12 years old
- Core program from 10AM - 3:30PM but drop-off and pick up from 9AM-5PM
- Great way to learn the basics or improve your skills

CAMP INCLUSIONS

- FREE HOCKEY VICTORIA MEMBERSHIP
- EVERY NEW PARTICIPANT WILL GET A CLUB JERSEY
- HOCKEY GEAR WILL BE MADE AVAILABLE FOR ALL PARTICIPANTS